

Manuscript Type	Abstract Type Required <sup>a</sup>	Additional Requirements
Review	Unstructured	<ul style="list-style-type: none"> <li>• Statement of Authorship required.</li> <li>• ≤20,000 words</li> </ul>
Clinical Research	Structured	<ul style="list-style-type: none"> <li>• Statement of Authorship required.</li> </ul>
Clinical Observations	Unstructured	<ul style="list-style-type: none"> <li>• Statement of Authorship required.</li> </ul>
Techniques and Procedures	Unstructured	<ul style="list-style-type: none"> <li>• Statement of Authorship required.</li> </ul>
Pivotal Paper	Unstructured	<ul style="list-style-type: none"> <li>• Statement of Authorship required.</li> <li>• Provide first page of article + permission to reprint</li> <li>• Should be comprised of 4 sections: <ul style="list-style-type: none"> <li>○ <i>Prevailing Belief System</i>—What were the prevailing common beliefs and practices of the nutrition community at the time the original paper was published;</li> <li>○ <i>Unique Scientific Contribution</i>—What scientific information was imparted by this paper that changed thinking and practices;</li> <li>○ <i>Validation</i>—What studies have subsequently supported or contradicted the findings of this paper and how has the information held up over time;</li> <li>○ <i>Future Considerations</i>—Are the concepts established by this paper likely to be challenged in the future by new issues, developments, modifications, or change in thinking?</li> </ul> </li> </ul>
Clinical Controversies	Unstructured	<ul style="list-style-type: none"> <li>• Statement of Authorship required.</li> </ul>
Clinical Dilemmas	Unstructured	<ul style="list-style-type: none"> <li>• Statement of Authorship required.</li> </ul>
Invited Commentary	None	<ul style="list-style-type: none"> <li>• Statement of Authorship required.</li> </ul>
Letter to the Editor	None	<ul style="list-style-type: none"> <li>• ≤500 words</li> </ul>

<sup>a</sup> Structured abstracts should consist of the following sections: (1) *Background*, state the problem or purpose of the study; (2) *Methods*, briefly describe the study design and variables; (3) *Results*, describe the main findings; and (4) *Conclusion*, emphasize new or important aspects of the study or observations.

Abstracts for *review articles* do not need to be explicitly structured, but should address the relevance of the subject matter, methods of the review, major findings, and conclusions.